



PERSONAL INFORMATION

Name: _____ Date: _____

Birthday: _____ Age: _____

Address: _____

City: _____ Zip Code: _____

Home # _____ Cell #: _____ Work#: _____

E-mail Address: _____

Occupation: _____ Employer: _____

Marital Status: Single Married Divorce Widow

Spouse/Partner's Name: _____

Children

Name: _____ Age: _____ Gender M F

Name: _____ Age: _____ Gender M F

Name: _____ Age: _____ Gender M F

Name: _____ Age: _____ Gender M F

Who may we thank for referring you to our office? or how did you choose us?

Family/ Friend (name) _____ Health Practitioner: _____

Website Facebook Walk-in Other: _____

CHIROPRACTIC HISTORY

Have you been to a chiropractor before? No Yes, Date of last visit _____

Has a family member previously seen a chiropractor? No Yes, Spouse _____ Child _____

Name of Chiropractor: _____

Reason for seeing them: _____

Describe your experience: _____

How frequently did you go for adjustment? _____

What made you decide not to return to see them? _____

IMPORTANT NOTE:

Today's visit will be focusing on assessing the health of your spine and nerves system. Your central nervous system (brain and spinal cord) is the master controller of your body. Everything in your life is processed and controlled by your nervous system, therefore your health and overall quality of life is depended on proper function and communication. Due to the close relationship with your spine, if your spine is misaligned and degenerating, it can interfere and alter the function of your nervous system (SUBLUXATION). The results of this miscommunication between your brain and body in some cases is pain or discomfort but it can have broader, more serious effects such as energy loss, fatigue, depression, immune problems, digestive problems, high blood pressure and many more. Many times subluxations are affecting your health long before symptoms show up. By continuing to fill out this form, we will understand how subluxations may already be affecting your health and quality of life.



HEALTH CONCERNS- FILL IN ALL AREAS Please check all that you have experienced in the last 12 months

- | | | | |
|--------------------------------------------------------------------------------------------|-----------------------------------------------|-----------------------------------------------|---------------------------------------------------|
| <input type="checkbox"/> ADD/ ADHD | <input type="checkbox"/> Congestion | <input type="checkbox"/> G.I Issues | <input type="checkbox"/> Prostate issues |
| <input type="checkbox"/> Allergies_____ | <input type="checkbox"/> Constipation/Gas | <input type="checkbox"/> Hand/Wrist Pain | <input type="checkbox"/> Reflux/Heartburn |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Cysts | <input type="checkbox"/> Headaches/Migraines | <input type="checkbox"/> Reproductive issues |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Depression | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Sensory Processing |
| <input type="checkbox"/> Autism | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Hernias | <input type="checkbox"/> Speech issues |
| <input type="checkbox"/> Back pain | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Stress |
| <input type="checkbox"/> Upper <input type="checkbox"/> Mid <input type="checkbox"/> Lower | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Hip Pain | <input type="checkbox"/> Swollen tonsils/Adenoids |
| <input type="checkbox"/> Balance/Coordination | <input type="checkbox"/> Ear Infections/Aches | <input type="checkbox"/> Insomnia | <input type="checkbox"/> Thyroid issues |
| <input type="checkbox"/> Bladder | <input type="checkbox"/> Eczema | <input type="checkbox"/> Kidney issues | <input type="checkbox"/> Tinnitus/Ringing Ears |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Epilepsy/Seizure | <input type="checkbox"/> Knee/Ankle/Foot Pain | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Eye Pain | <input type="checkbox"/> Metabolism issues | <input type="checkbox"/> Vertigo |
| <input type="checkbox"/> Chronic Cough | <input type="checkbox"/> Focus/Memory Issues | <input type="checkbox"/> Neck/Shoulder Pain | <input type="checkbox"/> Vision/Hearing Loss |
| <input type="checkbox"/> Chronic Fatigue | <input type="checkbox"/> Food Sensitivities | <input type="checkbox"/> Pneumonia/Bronchitis | <input type="checkbox"/> Other:_____ |
| <input type="checkbox"/> Colds | <input type="checkbox"/> Gallbladder issues | <input type="checkbox"/> Poor Circulation | |

Fill out ALL details below for the NEXT 3 most concerning conditions that you checked off:

1. _____

On a scale of 1-10 (10 being severe), how bad is the problem? ____/10

When did it start?_____ How ?_____

Is it? Getting better Getting worse Staying the same

How would you describe the problem?_____

Are you taking medications for this condition? No Yes Please list:_____

2. _____

On a scale of 1-10 (10 being severe), how bad is the problem? ____/10

When did it start?_____ How ?_____

Is it? Getting better Getting worse Staying the same

How would you describe the problem?_____

Are you taking medications for this condition? No Yes Please list:_____

3. _____

On a scale of 1-10 (10 being severe), how bad is the problem? ____/10

When did it start?_____ How ?_____

Is it? Getting better Getting worse Staying the same

How would you describe the problem?_____

Are you taking medications for this condition? No Yes Please list:_____



Special Note: Have you taken any medication within the last 24 hours? No Yes

Please list: _____

Which one of the above is your main concern about brought you to our office? _____

On a scale of 1-10 (10 being severe), how bad is the problem? ____/10

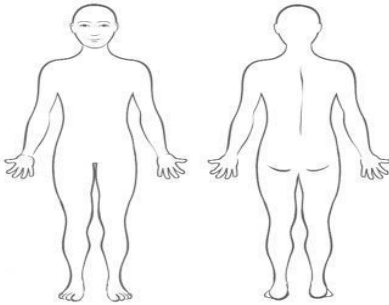
When did it start? _____ How? _____

Is it? Getting better Getting worse Staying the same

How would you describe the problem? _____

Are you taking medication for this condition? No Yes Please list: _____

Where is the problem? Please circle or draw on the illustration and explain or describe your present condition in the lines below (i.e. sharp, dull, burning, tight, throbbing...)



Front: _____

Back: _____

What makes it worse? _____

What makes it better? _____

What else have you tried and what were the results? _____

What parts of your life is this condition interfering with: Work Sleep Exercise Family Social
 Positive mental attitude Hobbies Others: _____

Which part of your life is most important for you to get back to ASAP? _____

Beyond feeling better, what are 3 reasons you want to be healthier?

1. _____
2. _____
3. _____

Please list ALL OTHER medications you are currently taking and for what reason: _____



YOUR INJURY/SURGERY HISTORY

Have you had any surgery?

1. Type: _____ Date: _____ Hospitalized No Yes

2. Type: _____ Date: _____ Hospitalized No Yes

Accidents and/or injuries: Auto, Work related or other (especially those related to your present problems)

1. Type: _____ Date: _____ Hospitalized No Yes

2. Type: _____ Date: _____ Hospitalized No Yes

Informed Consent

Chiropractic care has been proven to be safe, both clinically and scientifically. The risk of injuries and complication is so small that Chiropractors carry the lowest malpractice insurance premiums of all the health care professions in the world. Although Chiropractic is reported to be the safest health care system in the world, there are a few “side effects” associated with it and we feel that it is responsible to let you know:

1. Research show that the most common unpleasant effect following chiropractic care is temporary muscle soreness associated with the adaptive changes after the adjustment. This however is only temporary and generally not severe soreness.
2. While extremely rare, there have been reports of ligament sprains and rib fractures.

I have read and understand the above consent. If I have nay questions or concerns, I will discuss them with my Chiropractor.

I understand that research and training is an important aspect for all health care disciplines. For this reason, I consent to my information being used for research data purposes and understand that audio or video recordings may occur from time to time. (Your personal privacy is very important to us. We will not release any personal information).

I consent to the care recommended by my Chiropractor and extend this consent to include all other Chiropractors in this office

Your name: _____ Signature: _____ Date: _____

Witness: _____